

## **Quality Care**

Our staff are fully trained to provide professional and respectful care of the highest standard. All residents are treated as individuals and receive a personal care plan, adapted to their specific needs. The identity and independence of residents is upheld at all times and all staff respect the individual's rights, privacy and dignity.

During an initial meeting we ensure we are made fully aware of a resident's care needs and undertake our own risk assessments, whereby we identify any needs, wishes and preferences including medical, exercise, personal assistance or dietary requirements.

Every resident has a tailor made care plan that reflects their personal circumstances. Our priority is to ensure our residents are happy, contented and feel that they are treated as though they were in their own home.



#### Contact Us

Please contact us to book a viewing, or for more information.

We encourage friends and family to drop by and visit as regularly as they can; they do not need to make an appointment or telephone in advance.

Call: 01502 322799

Email: info@stradbrokecourt.co.uk

Visit: www.stradbrokecourt.co.uk

Fax: 01502 566631

Address: Stradbroke Court, Green Drive, Lowestoft, Suffolk, NR33 7JS



# Stradbroke Court

Care Home







01502 322799 www.stradbrokecourt.co.uk



#### Welcome

At Stradbroke Court Care Home we provide a homely, welcoming and comfortable environment with a high standard of care delivery.

Set in 2.5 acres of landscaped gardens and located just minutes away from the centre of Lowestoft and the beautiful Suffolk Coastline, Stradbroke Court Care Home is the perfect location for our residents to stay active, engaged and as independent as possible.

Stradbroke Court is a modern, purpose-built care home. Our trained, dedicated and professional staff team focus on the individual needs of each resident, whether or not they may have other significant requirements such as the provision of dementia care.



#### Your Home

We know how important it is for everyone to feel at home- that is why we encourage residents to personalise their rooms and ensure that we cater to individual preferences where possible.

All bedrooms at Stradbroke Court are comfortable, well- furnished with en-suite facilities and are located on the ground floor for the comfort and safety of our residents. Each of our four suites offer a more independent living scenario for some of our more able residents and include a lounge, kitchen, dining area, bedroom and assisted bathrooms.

Stradbroke Court also has its own hair salon and our garden and courtyard areas are a popular spot for residents to spend time with friends and family in warmer weather.



### Stay Social

At Stradbroke Court residents are provided with the choice of a range of activities such as crafts, painting, themed music sessions, various social functions and day trips throughout the year.

Residents are also able to meet in the communal areas for word games, bingo, quizzes or conversation and reminiscing. Alternatively, residents may simply wish to relax in our quiet room listening to music, watching television or reading.

Meals are Stradbroke Court are relaxed, social and are served either in the dining areas or the resident's room if preferred. Our trained chef prepares fresh meals that provide a varied and interesting menu- we feel it is essential that the residents have an input in this area and we encourage their comments and wishes. We also cater for specific dietary requirements and provide assistance with feeding if required.





